

BEE

native plant

CHEAT SHEET

MANITOBA

Winnipeg Area

This cheat sheet includes:

1. Native plants to the region
2. Helpful tips to make your garden pollinator friendly!
3. Store list that sells native plants



Native plant list for Manitoba, Winnipeg area

1. Smooth aster - *symphyotrichum laeve*
2. Stiff-leaved goldenrod - *solidago rigida*
3. Wild bergamot or bee balm - *monarda fistulosa*
4. Purple prairie clover - *dalea purpurea*
5. Lindley's aster - *symphyotrichum ciliolatum*
6. Golden Alexanders - *zizia aurea*
7. Silky aster - *symphyotrichum sericeum*
8. Canada goldenrod - *solidago canadensis*
9. Streamside fleabane - *erigeron glabellus*
10. Meadow blazing star - *liatris ligulistylis*
11. Gray goldenrod - *solidago nemoralis*



Photo: smooth aster - *symphyotrichum laeve* (Creative Commons).

Helpful tips for your garden:



1. Always ask to ensure plants are not treated with neonicotinoid pesticides
2. Ask about native plant sections in the store
3. Plan for blooms season-round. If possible find native plants that bloom at different times in the year.
4. Make a bee bath. Ensure there is a dry spot for bees to land on so they can have a safe landing spot to drink.
5. Bee careful with your mower – if you must mow your lawn, avoid doing it during the hot afternoon when bees often head underground to rest and escape the hot sun.
6. Raise the blade of your mower! You can cut the grass while leaving some flowers for the pollinators.
7. Create structure in your garden. Plant a variety of flowers, shrubs and trees and place taller plants in the back and smaller or shorter plants in the front.



Stores that sell native plants

Winnipeg and area stores (make sure to check the website for store hours):

1. Prairie Originals - Winnipeg
2. Sage Garden Greenhouses - Winnipeg
3. Prairie Flora Greenhouse - Teulon



Photo: stiff-leaved goldenrod - *solidago rigida* (Creative Commons).



WILDERNESS
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