

BEE

native plant

CHEAT SHEET

BC PACIFIC NORTHWEST

Including Vancouver and the Lower Mainland:

This cheat sheet includes:

1. Native plants to the region
2. Helpful tips to make your garden pollinator friendly!
3. Store list that sells native plants



Native plant list for Lower Mainland, BC

(Greater Vancouver Area)

1. Blue flax - lewis blue flax *linum lewisii pursh*
2. Nodding wild onion - *allium cernuum*
3. Red columbine - *aquilegia canadensis*
4. Douglas aster - *symphyotrichum subspicatum* Nees
5. Godetia farewell to spring - *clarkia amoena*
6. Rocky mountain bee plant - *cleome serrulata*
7. Pale evening primrose - *oenothera pallida* Lindl.
8. Self Heal - *prunella vulgaris* L.
9. Western (or common) yarrow - *achillea millefolium*
10. Sea blush - *plectritis congesta*
11. Autumn sneezeweed - *helenium autumnale* L.
12. Prairie coneflower - *ratibida columnifera*
13. Showy milkweed - *asclepias speciosa* Torr.
14. Salmonberry - *rubus spectabilis*
15. Vine maple - *acer circinatum*
16. Bitter cherry - *prunus emarginata*
17. Sitka mountain ash - *sorbus sitchensis* M. Roem.
18. Common snowberry - *symphoricarpos albus*
19. Osoberry - *oemleria cerasiformis*



Helpful tips for your garden:

1. Always ask to ensure plants are not treated with neonicotinoid pesticides
2. Ask about native plant sections in the store
3. Plan for blooms season-round. If possible find native plants that bloom at different times in the year.
4. Make a bee bath. Ensure there is a dry spot for bees to land on so they can have a safe landing spot to drink.
5. Bee careful with your mower – if you must mow your lawn, avoid doing it during the hot afternoon when bees often head underground to rest and escape the hot sun.
6. Raise the blade of your mower! You can cut the grass while leaving some flowers for the pollinators.
7. Create structure in your garden. Plant a variety of flowers, shrubs and trees and place taller plants in the back and smaller or shorter plants in the front.



Stores that sell native plants

Lower mainland stores (make sure to check the website for store hours):

1. Dykhof Nurseries & Florist - North Vancouver
2. UBC Botanical Garden Seeds - Vancouver
3. Art's Nursery Garden & Home - Surrey
4. Cedar Rim Nursery - Langley

Other stores throughout BC:

1. BC's Wild Heritage Plants - Chilliwack
2. Sagebrush Native Plant Nursery - Oliver



WILDERNESS
COMMITTEE

NATIONAL OFFICE
46 E. 6th Avenue,
Vancouver, BC V5T 1J4

Toll Free: 1-800-661-9453 In Vancouver: (604) 683-8220

WildernessCommittee.org