

# BEE native plant CHEAT SHEET

## BC VANCOUVER ISLAND

### This cheat sheet includes:

1. Native plants to the region
2. Helpful tips to make your garden pollinator friendly!
3. Store list that sells native plants



### Native plant list for Vancouver Island

1. Ocean spray - *Holodiscus discolor*
2. Broad-leaved stonecrop - *Sedum spathulifolium*
3. Red flowering currant - *Ribes sanguineum*
4. Pacific willow - *Salix lucida*
5. Nodding onion - *Allium cernuum*
6. Woolly sunflower - *Eriophyllum lanatum*
7. Kinnikinnick (bearberry) - *Arctostaphylos uva-ursi*
8. Douglas aster - *Symphyotrichum subspicatum* (Nees)
9. Great camas - *Camassia leichtlinii*
10. Spreading dogbane - *Apocynum androsaemifolium*
11. Western (or common) yarrow - *Achillea millefolium*
12. Shortspur seablush - *Plectritis congesta* (Lindl.)
13. Fringecup - *Tellima grandiflora* (Pursh)
14. Red columbine - *Aquilegia formosa*
15. False Solomon's seal - *Smilacina racemosa*

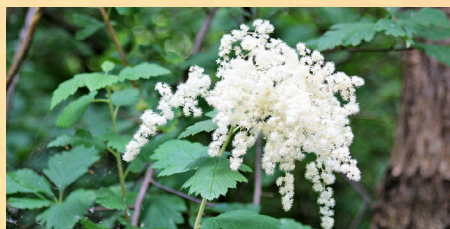


Photo: ocean spray - *holodiscus discolor* (Creative Commons).

### Helpful tips for your garden:



1. Always ask to ensure plants are not treated with neonicotinoid pesticides
2. Ask about native plant sections in the store
3. Plan for blooms season-round. If possible find native plants that bloom at different times in the year.
4. Make a bee bath. Ensure there is a dry spot for bees to land on so they can have a safe landing spot to drink.
5. Bee careful with your mower – if you must mow your lawn, avoid doing it during the hot afternoon when bees often head underground to rest and escape the hot sun.
6. Raise the blade of your mower! You can cut the grass while leaving some flowers for the pollinators.
7. Create structure in your garden. Plant a variety of flowers, shrubs and trees and place taller plants in the back and smaller or shorter plants in the front.



### Stores that sell native plants

**Vancouver Island stores** (make sure to check the website for store hours or call before to ensure they're open):

1. Satinflower Nurseries - Victoria
2. NALT Natural Abundance Native Plant Nursery - Cassidy - Nanaimo
3. Streamside Native Plants - Bowser
4. Fraser's Thimble Farms - Salt Spring Islands



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