

TORONTO AND OTTAWA

This cheat sheet includes:

- 1. Native plants to the region
- 2. Helpful tips to make your garden pollinator friendly!



3. Store list that sells native plants

Native plant list for Southern Ontario (Toronto and Ottawa)

- 1. New England aster symphyotrichum novae-angliae
- 2. Wild bergamot (beebalm) monarda fistulosa
- 3. Bergamot (oswego tea) monarda didyma
- 4. Culver's root veronicastrum virginicum
- 5. Great blue lobelia lobelia siphilitica
- 6. Cardinal flower lobelia cardinalis
- 7. Liverleaf hepatica nobilis var. acuta
- 8. Anise hyssop agastache foeniculum
- 9. Bluebell, harebell campanula rotundifolia
- 10. Closed bottle gentian gentiana and rewsii
- **11.** Spotted Joe pye weed *eutrochium maculatum (form. Eupatorium)*
- **12.** Sweet Joe pye weed *eutrochium purpureum* (form. *Eupatorium*)
- 13. Swamp milkweed asclepias incarnata
- 14. Canadian white violet viola canadensis
- 15. Red osier dogwood cornus sericea
- 16. Eastern redbud cercis canadensis
- 17. Alleghany serviceberry amelanchier laevis
- **18.** Common elderberry, elder *sambucus nigra ssp. canadensis*
- 19. Buttonbush cephalanthus occidentalis
- 20. Fragrant sumac rhus aromatica
- 21. Staghorn sumac rhus typhina greenish
- 22. Nannyberry *viburnum lentago*
- 23. Mapleleaf viburnum viburnum acerifelium

Helpful tips for your garden:



- 1. Always ask to ensure plants are not treated with neonicotinoid pesticides
- 2. Ask about native plant sections in the store
- 3. Plan for blooms season-round. If possible find native plants that bloom at different times in the year.
- 4. Make a bee bath. Ensure there is a dry spot for bees to land on so they can have a safe landing spot to drink.
- Bee careful with your mower if you must mow your lawn, avoid doing it during the hot afternoon when bees often head underground to rest and escape the hot sun.
- 6. Raise the blade of your mower! You can cut the grass while leaving some flowers for the pollinators.
- 7. Create structure in your garden. Plant a variety of flowers, shrubs and trees and place taller plants in the back and smaller or shorter plants in the front.

Stores that sell native plants

Southern Ontario (make sure to check the website for store hours):

- 1. Evergreen Garden Market Toronto
- 2. Not so Hollow Farm Mulmur (opens May 4)
- 3. Grow Wild! Native Plant Nursery, Landscaping and Biological Consulting - Omemee, Ontario (open by appointment only)
- 4. Sheridan Nurseries locations across the Greater Toronto Area
- 5. OSC Seeds visit their online store to purchase native seed packages
- 6. Ottawa Wildflower Seed Library Ottawa (free seeds)

Quebec location:

1. Beaux Arbres Plantes Indigènes / Native Plants - Bristol, Quebec



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